1. Release and Indemnification Agreement executed this _____ day of _________, 20__. By __________________________, herein referred to as Releasor, to the Sidwell Friends School of 3825 Wisconsin, Avenue, NW, Washington, DC, herein referred to as Releasee, with respect to use of the Sidwell Friends School.

2. The undersigned Releasor, with the intention of binding himself/herself, as well as his/her heirs, legal representatives, and assigns, in consideration of the permission to be given by Releasee for Releasor to enter upon the premises of the Sidwell Friends School hereby finally and completely releases and forever discharges and promises to indemnify and hold harmless Releasee, its current and former trustees, officers, agents, employees, successors, legal representatives, and assigns with respect to any and all claims, demands, suits, causes of action, rights of action, judgments, and executions, of whatever kind and nature, either in law or in equity, in any jurisdiction, that may arise from or by reason of any bodily injury or personal injury known or unknown, death, or property damage resulting or to result from the Releasor's engaging in the aforementioned activity, or any activities in connection with the aforementioned activity, whether by negligence or not.

3. Releasor further expressly includes within the scope of this Release and Indemnification Agreement all persons, corporations, and any other legal entities, to the extent that they may be liable to Releasor or to any other person as joint tortfeasors of Releasor with respect to the activity described in the foregoing Paragraph 2.

4. Releasor further understands and agrees that any disputes with respect to the construction, validity, and enforcement of this Release and Indemnification Agreement are to be resolved in accordance with the law of the District of Columbia in a court of the District of Columbia.

5. Releasor further understands that while engaged in the aforesaid activity, due to the physical nature of the activity, bodily injury is a risk. Prior physical conditioning, minimal physical contact and controlled play is advised. Additionally, the School makes every effort to maintain the school in safe condition with daily professional cleaning; however, slick spots on the premises may temporarily develop. If renting the gym, light mopping of the surface dirt by the gym users prior to use is recommended.

6. Releasor stated that he/she has carefully read this Release and Indemnification Agreement, knows and understands all of its contents and terms, and signs it voluntarily and with full knowledge of its significance.

Witness (Group Coordinator) ___________________________ Participant’s Signature ___________________________
(or parent for a minor)

Group Name ___________________________ Participant’s Printed Name ___________________________

Accepted at Sidwell Friends School, Washington, DC: ___________________________ ___________________________

Sidwell Friends School Representative ___________________________ Date ___________________________